

Premature Baby Charities

[TOMMY'S, THE BABY CHARITY.](#) Tommy's is determined to end the heartache caused by premature birth, miscarriage and stillbirth. They fund a national programme of research, education and information aimed at understanding and preventing these tragedies. Tommy's provides information about pregnancy health issues for medical professionals, parents and parents-to-be. They aim to ensure that information on health in pregnancy and reducing the risk of problems is available to all parents-to-be in the UK.

Tommy's now offers a telephone information service to help pregnant women and their partners, couples considering pregnancy, parents and health professionals. BY DIALLING 0870 777 30 60 you can receive advice on pregnancy health issues, and also order any of Tommy's information leaflets, either individually or in bulk.

[BLISS - The Premature Baby Charity.](#) Some newborn babies need a little extra special care. BLISS is dedicated to ensuring that more babies survive, have the best possible quality of life and that their parents and families get the support they need. You can obtain a handy 'Parent Information Guide' which is packed full of practical and useful information on how to care for your premature baby including Neonatal care, what's happening to your baby, feeding, where to find more information and support, etc.

Parent support helpline FREEPHONE 0500 618140 (monday-friday 10am-5pm)

[Baby Lifeline](#) Baby Lifeline is a unique national charity offering loving care and support to pregnant mothers and new born babies all over the UK.

Touching Tiny Lives Campaign

[Touching Tiny Lives.](#) Touching Tiny Lives is a major campaign to help sick and vulnerable babies. The campaign's main aims are to raise £3 million for vital research to help prevent premature birth and life threatening pregnancy complications and to develop better treatments for babies who require special care. Please visit the website for more information.

Bereavement

[SANDS \(Stillbirth & Neonatal Death Society\).](#) SANDS supports parents whose baby has died, and works with health and social care professionals to improve the quality of services provided to bereaved families. SANDS also promotes research into the causes of stillbirths and neonatal deaths and changes in practice that could save more babies' lives.

Helpline : 020 7436 5881 Fax : 020 7436 3715 Email : support@uk-sands.org

[Baby Loss](#) The Babyloss website provides online information and support for anyone affected by the death of a baby during pregnancy, at birth, or shortly afterwards.

[Child Death Helpline.](#) Provides a listening service that offers emotional support to all those affected by the death of a child and an opportunity for you to talk in confidence with someone who has also experienced the death of a child.

Action on Pre-Eclampsia

[APEC.](#) Action on Pre-eclampsia is a UK based charity set up in 1991. They help and support women who have had pre-eclampsia (preeclampsia), eclampsia, HELLP Syndrome or pregnancy induced hypertension (PIH).

Premature Baby Information Websites

[For Parents By Parents.](#) This website looks at all the life changing elements of parenthood - even the grim bits!! Through the sharing of personal experiences parents offer support, reassurance, information, ideas and practical solutions.

[Premature Babies UK.](#) This not-for-profit site has been set up and is run by a mother of two premature babies. It is hoped that this site will present useful information for parents, expectant parents, friends and relatives of premature babies particularly in the UK.